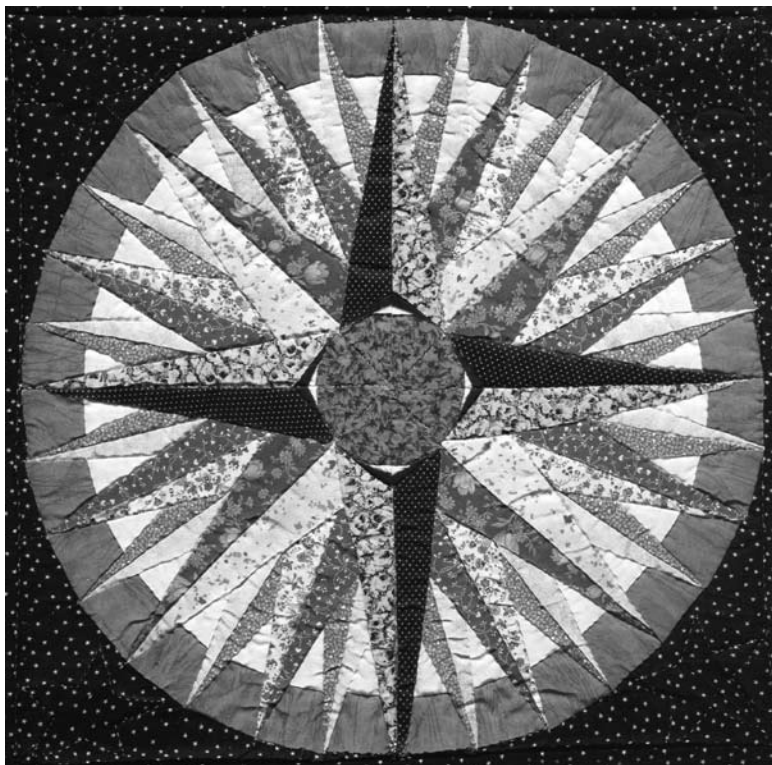


Explorers Lifelong Learning Institute

Spring Semester 2010



Sponsored by



**EXPLORERS LIFELONG LEARNING INSTITUTE
OF SALEM STATE COLLEGE
10 FEDERAL STREET, SUITE 10, SALEM, MA 01970
978.744.0804**

SPRING SEMESTER 2010

The Explorers Lifelong Learning Institute (LLI) is a member-directed learning group, one of over 300 such organizations in the United States and Canada that are affiliated with the Elderhostel Institute Network. Since 1992, seniors in the greater Salem community, mostly retirees with diverse backgrounds, have joined Explorers by paying an annual membership fee.

Members and presenters join in active peer learning to share their knowledge and experience by creating, coordinating and participating in courses on a voluntary basis. We provide programs that are challenging, thought-provoking, sometimes controversial and frequently interactive. These programs vary in length from a day to a semester; range in format from lectures and discussions to hands-on workshops and field trips; and cover topics from the arts and sciences to current events and foreign affairs. Classes meet in rooms which range from small to auditorium-style accommodations. Some courses, designated "study groups," require active participation of attendees, such as preparing information to share with the class. Classrooms are located on the first floor of the Explorers Center at 10 Federal Street in Salem. They are equipped with visual aids, audio equipment and lighting as requested by course leaders.

The Explorers Lifelong Learning Institute offers two academic terms a year, beginning in September and March. **Members may enroll in up to five courses per semester.** Classes meet for two hours, either mornings or afternoons. Students and leaders often have lunch together between classes. Classes are held Monday through Thursday. On selected Friday mornings, a "Coffee Hour" features a guest lecturer. Between terms there are Intersession programs which feature events two mornings a week. Members and their guests are welcome to attend the coffees and all Intersession events.

On the cover: Mariner Compass Design by Kay Piemonte, quilter and Explorers member.

WELCOME TO THE EXPLORERS

Growing older in America is characterized by rapid changes. We are discarding negative stereotypes and seizing control of our lives. New social innovations are now the expected, not the exception. The Explorers Lifelong Learning Institute is such an innovation. When we retire, we may miss the intellectual challenges and interpersonal relationships that made our lives interesting during our careers. Like our muscles, our minds need exercise to stay young. The Explorers Lifelong Learning Institute recognizes this need and invites people 50 years or older to join us in exercising our minds and keeping vital.

As older adults, we can be intense, self-motivated learners. We can explore new subjects and share our collective knowledge and experiences. The Explorers Lifelong Learning Institute encourages us to continue learning, to expand our horizons, and to enhance our personal development. There are no academic admissions requirements, no examinations, no grades; learning is its own reward. Our greatest resource is the exuberant wisdom of our membership.

EXPLORERS MEMBERSHIP INFORMATION

- Benefit from the Annual Explorers Membership (September 1 through August 31)
- Attend two semesters of Explorers Academic Courses as well as Intersession Programs
- Attend "Friday Coffee with..." Programs
- Receive Explorers Newsletter, *The Compass*
- Access Salem State Library
- Attend Salem State Center for Creative & Performing Arts Events at senior prices
- Join the Peabody Essex Museum with \$5 off PEM membership rates
- Enjoy the social experiences of classes, trips and special events

GUEST POLICY

Important! Members may invite one non-member guest at no charge to attend one session per course on a space-available basis. Be sure to ask the class leader or assistant ahead of time. Members may invite non-member guests to attend special programs, such as the Friday coffees and intersession events. A non-member differential fee will be charged for field trips, summer programs and other events requiring a fee.

ANNUAL MEMBERSHIP FEES

The annual non-refundable single membership fee of \$200 or spousal membership of \$350 admits members to both fall and spring semesters, as well as winter and summer intersessions. There is a registration fee of \$25 per person. Special charges may be requested for some individual courses. Please use the registration form in the centerfold of this catalogue to apply for membership and to register for courses. **Deadline for spring registration is Thursday, January 28, 2010.** If you select a course that is oversubscribed, seats will be assigned by lottery. Notification will be sent to those confirmed; all others will be placed on a waiting list.

Fee reductions, are available based on need. Your request will remain confidential and should be mailed to: Fee Reduction Committee, c/o Explorers LLI, 10 Federal Street, Suite 10, Salem, MA 01970

Explorers Center Office Hours: Monday - Thursday, 8:30 am–4 pm.

Telephone: 978.744.0804 Email: explorers@verizon.net

Web sites: salemstate.edu/explorers (Complete catalog online) explorerslli.org

Office Manager: Dawn Plona Webmaster: Roy Young

SPECIAL OFFER – JOIN NOW

\$100 SPECIAL MEMBERSHIP FEE

Limited to applicants who HAVE NOT been members of Explorers for the past three years.

MARCH – AUGUST 2010

EXPLORERS BOARD

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Volunteers: Gail Flanagan
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2010 SPRING SCHEDULE

Only Members Are Eligible to Register for Courses. Unless otherwise indicated, all classes will be held at the Explorers Center, 10 Federal Street.

UNLESS OTHERWISE INDICATED ALL CLASSES ARE LIMITED TO 88 STUDENTS

MONDAY

101 Art History Limited to 20 Monday 9–11 am

Class Leader: **Barry Poretsky**

March 1, 8, 15, 22, 29; April 5, 12, 19

Which architects, sculptors, painters and decorative artists born in 1883 became the innovators of the first half of the 20th century? Which were public favorites?

Suggested book: If you wish, bring an art history book so we can have multiple references.



102 Teddy Kennedy–A Historical Perspective Limited to 25

Monday 11:30 am–1:30 pm

March 1, 8, 15, 22

Class Leader: **Fred Hammond**

Cover the long career of Senator Kennedy. His successes and failures.

Required books: “*Last Lion,*”
“*The Compass*”

Suggested book: anything related to Kennedy family.

103 Introduction to Genealogy

Monday 11:30 am–1:30 pm

Class Leader: **Kay Piemonte**

March 1, 8, 15, 22

The class consists of information on how to find your ancestors and many forms to keep you organized. One session will be on computer genealogy.

Required supplies: Bring a three ring binder to class to keep materials in.

Limited to 20

Repeat Course

104 Great Books: Series 2

Monday 11:30 am–1:30 pm

Class Leader: **Mort Rubín**

March 29; April 5, 12, 19, 26; May 3, 10, 17, 24; June 7

We will read and discuss one short story from an anthology each class. Class participation is crucial–this is not a lecture class.

Course format: Seminar of weekly reading assignments

Required books: “Intro to Great Books second series”

ISBN: 0-945159-98-6 from amazon.com.

Required reading for first class: “Politics” by Aristotle

Limited to 20

105 Conversational Italian

Monday 11:30 am–1:30 pm

Class Leader: **Tony Porcello**

March 29; April 5, 12, 19, 26; May 3

This is an introduction to conversational Italian for beginning and intermediate students.

Required book: *Baron’s Learn Italian The Fast and Fun Way*

(3rd Edition) by Marcel Danesi. It is available at the Derby Square Bookstore in Salem.

Required reading for first class: Skim through the book. Learn *Avere* and *Essere* p. 100 and 80

Limited to 12



106 When the Shooting Stops: How Film Editing Contributes to Films–Part 2

Monday 1:30–4:15 pm

Class Leader: **David Rosenblum**

March 15, 22, 29; April 5, 12

Films edited by Ralph Rosenblum will be screened, and then discussed, with the emphasis on editing choices. The films to be shown are: *Failsafe*, *The Producers*, *Goodbye Columbus*, *Annie Hall* and *Summer Solstice*

Course format: Each class will last up to 2¾ hours: some less, but all beyond the usual 2 hours. Each film will be shown, then discussed, questions and comments welcome.

Required books or supplies: *When the Shooting Stops* by Ralph Rosenblum and Robert Karen. ISBN #0-306-80272-4. Books can be purchased at amazon.com or Barnes and Noble, used or new.

Required reading for first class: all new students, please read the Introduction, chapter 3 and chapter 5. This will supply new enrollees with information given in the first class of the fall session. New and returning students, read chapter 15.

107 Marblehead at the Dawn of Independence

Class Leader: **Judy Anderson, Lee Mansion Curator**

Monday 2–4 pm

April 5, 12, 19, 26

This course will look at the extensive and rare 18th c. architecture in Marblehead, Massachusetts, (with America’s largest concentration of houses from before 1775 in), with a focus on the 1768 Jeremiah Lee Mansion, one of America’s finest late colonial houses, and including Col. Lee’s covert activities for independence and the Mansion’s preservation over 250 years.

Suggested books:

Pam Peterson: *Marblehead Myths, Legends and Lore*

Lauren Fogle: *Colonial Marblehead: From Rogues to Revolutionaries*

Virginia Gamage & Priscilla Lord: *Marblehead: The Spirit of ‘76 Lives Here*

TUESDAY

201 The Making of Russia

Tuesday 9–11 am

Class Leader: **DeWayne Whitehead**

March 2, 9, 16, 23, 30; April 6

We first see them in history when warring factions asked a bunch of Swedes to take up residence as the ruling family in Viking days. It's a tragic story how the indigenous Slavs became feudalistic peasants bound to the land by a brutal and exploitative aristocracy. Ivan The Terrible, Peter The Great, Catharine The Great are a few of the formative figures as well as The Golden Horde of Mongols that started with a grandson of Ghengis Kahn, who conquered Russia and stayed for 400 years. It's a great story.

202 The New Testament: A Skeptic's View

Limited to 20

Tuesday 9–11 am

Class Leader: **Carl Stecher**

March 2, 9, 16, 23, 30; April 6, 13, 20, 27; May 4

A free wheeling discussion of the following questions: How reliable are the texts describing Jesus and his teachings? What does the Bible actually say? How has it been variously interpreted? To what extent has Christian behavior actually reflected his teachings?

Course format: Open discussion. All views welcome and treated with respect and good humor.

Required book: the Bible—any translation with traditional chapter/verse divisions.

Required reading for first class: Matthew 1-2; Luke 1-2; John 1

203 Gypsies

Repeat Course

Tuesday 9–11 am

Class Leader: **DeWayne Whitehead**

April 13, 20, 27; May 4, 11, 18

By popular demand, repeat of the most remembered subjects of this Cultural Anthropology series. They have been reviled by most of Western civilization, enslaved by some, hunted like animals by others, always discriminated against, even in our own time. Still, they have enriched cultures with their music, dance and lifestyles. You may not always recognize them, but they are everywhere. Everyone in Western Civilizations knows the Gypsies. They call themselves 'The Roma.'



204 What a Character! Limited to 11

Tuesday 11:30 am–1:30 pm

Class Leader: **Marilyn Collins**
March 2, 9, 16, 23, 30; April 6, 13, 20

Workshop applying psychological twists and turns to create more colorful, three-dimensional characters. We will write together and read what we have written. Psychological

insights can inform both fictional characters and non-fictional persons as well as first-person narrative. Dialogue as catalyst. Props as seasoning.

Course format: Writers will experiment in class with character creation, applying some of the psychological personality traits offered in workshop handouts, and paying attention to clothing, hairstyle, dialogue, hobbies and concerns of each character.

Required reading for first class: A packet will be offered at office, to be picked up prior to first workshop.

Required supplies: A notebook, pens, pencils

205 "9/11: What the H@#k Happened?"

Tuesday 11:30 am–1:30 pm

Class Leader: **Linda Weltner**

March 2, 9, 16, 23, 30; April 6

Linda Weltner will discuss analyses of 9/11, including Bob Woodward's interviews with George Bush, CIA head George Tenet's memoir "At the Center of the Storm," presidential adviser Richard Clarke's "Against All Enemies," and prize-winning journalist Jane Mayer's "The Dark Side," as well as plausible conspiracy theories. Students will be expected to do independent research and come up with their own explanation.

206 Grandparenting/Then and Now**Tuesday 11:30 am–1:30 pm**Class Leader: **Karen Landry****April 6, 13, 20, 27; May 4, 11, 18, 25**

This course will explore the differences in grandparenting that class participants remember from their childhood and how that may, or may not, differ from their style of grandparenting. The class will also look at the new phenomenon of grandparents raising their grandchildren. Class will be asked to share experiences.

Course format: Much informal discussion and sharing of experiences.

The class will be asked to share their memories of grandparents and first-hand knowledge and observations of how grandparenting has changed, or, perhaps, hasn't changed.

Limited to 20**Grandmothers
and Grandfathers****207 Robert Burns****Tuesday 11:30 am–1:30 pm**Class Leader: **Wallace Ritchie****April 27; May 4, 11, 18**

Robert Burns is known as the first world poet. He seems to have a great love of humanity, and humanity has reciprocated. Most of his love songs, work songs and even his drinking songs were in Lowland Scots, a dialect of English. There will be a translator.

Presentation will be in four sessions:

1. Introduction
2. Robert's life
3. People, poems, songs
4. Successes, problems and failure

Limited to 25**208 Canasta****Tuesday 2–4 pm**Class Leader: **Elaine Young****March 2, 9, 16, 23, 30; April 6**

This course is for beginners and for those that have played before—to learn the newer concepts.

This six week course is designed for seniors. It is a fun card game.

Required supplies: Each table of four people will require one canasta tray and two red and two blue decks of cards with jokers—to be provided by instructor.

Required reading: Each week, the students will be given a sheet of information regarding the lesson.

Limited to 15**209 Contemporary Poetry II****Tuesday 2–4 pm**Class Leader: **Claire Keyes****March 30; April 6, 13, 20, 27; May 4**

This course takes as its basic premise that the best contemporary poetry is life-affirming and directly relevant to all our lives. We will pursue a thematic approach and examine how poems on the same subject speak to one another—and to us. This course is a continuation of Contemporary Poetry I offered in Fall 2009. The fall course is not, however, a prerequisite.

Course format: This course will develop a conversation about the poetry with student involvement strongly encouraged.

Topics to be covered: In and out of Love; My People; War and Peace; Disappearing Acts; Me, the Earth, the Universe; The Art of Poetry.

Required book: *Staying Alive: Real Poems for Unreal Times*, edited by Neil Astley, Miramax Books, 2003. ISBN 1-4013-5926-4. Inexpensive texts available as used books from amazon.com and other on-line sellers.

Required reading for first class: Section 7: In and out of Love, pp. 247-294.

**210 Zionism and the Struggle for a
Jewish Homeland****Tuesday 2–4 pm**Class Leader: **Herbert Belkin****April 13, 20, 27**

The Zionist movement was born out of the great social and political changes of the 19th Century. This course will follow this Zionist movement founded by Herzl and carried on by Weizmann and Ben Gurion as they struggled with the great powers of the world to establish a Jewish homeland.

Required book: *"A History of Zionism from the French Revolution to the Establishment of the State of Israel."* Author: Walter Laqueur ISBN No-0-8052-1149-7 Schocken Books Div. of Random House (50 available from amazon.com from \$6.29)

Required reading for first class: Part 1 pages 3-40

Limited to 25

211 Going Fast–Going Safe

Repeat Course

Tuesday 2–4 pm

Class Leader: **Bill Kaufman**

May 4, 11, 18, 25

As people invented ways to travel faster, the issue of safety came up quickly. The problem is not speed so much as the abrupt stops that accidentally occur. Highlights of the history and technology of railroad, automotive and airline safety will be described. This is a repeat of a previous course on transportation safety.

Course format: Lectures with some demonstrations.

212 Our Geographic World in Film and Lecture

Tuesday 2–4 pm

Class Leader: **Stephen Young**

May 11, 18, 25; June 1

This semester we will see 4 films about different aspects of our World, followed by discussion and lecture.

First up—the great British naturalist, David Attenborough takes us to some severe settings on Earth and shows us how life survives in these extreme environments, followed by a discussion of biogeography (the spatial distribution of life).

Second—we travel to Australia and see the film: *Cane Toads* about a devastating invasive species followed by a lecture on how we are dramatically altering the make-up of life on Earth.

Third—we will watch the NOVA documentary on the *Dimming Sun* followed by a lecture on how we are changing the chemistry of our atmosphere and its impact on life on Earth.

Finally—we will watch *The Story of the Weeping Camel* and discuss cultural geography and the impacts of globalization on the world's cultures.

This short, four week course will provide some power glimpses of our changing world.

WEDNESDAY

301 Open the White Door: A Tale of Three Cities

Wednesday 9–11 am

Class Leader: **John J. Fox**

March 3, 10, 17, 24, 31; April 7, 14, 21, 28; May 5, 12, 19

The 1954 decision in *Brown v. The Board of Education* legally and constitutionally drove a silver bullet into the heart of racial segregation. For twenty years, turmoil would rack the nation as it attempted to implement this decision on the local level. Topeka, Little Rock, and Boston, are central to understanding the struggle of opening all school doors to all students on an equal basis.

302 Ideas that Changed or are Changing the World

Wednesday 9–11 am

Class Leader: **Robert Kalechofsky**

March 3, 10, 17, 24

We will study and follow the consequences of ideas that changed or are changing the world. Some of the ideas are the Pythagorean Theorem, Euclidean geometry, elements of Einstein's relativity theory, the conscious and unconscious mind, God and religion, metaphors and errors, democracy—student choices will be discussed as well as the above.

Required reading for first class:

1. some papers which will be provided by me.
2. Isaacson's—*Einstein*—selected chapters

303 Conversational French

Not for beginners

Wednesday 11:30 am–1:30 pm

Class Leader: **Sarah Picone**

March 3, 10, 17, 24, 31; April 7, 14, 21, 28; May 5, 12

We strive to improve comprehension of spoken French and to express ourselves in the language with more ease. We use readings from French literature, current events and French culture as a basis of many of our conversations.

Course format: Topics on various subjects are presented to stimulate conversation, to correct pronunciation and comprehension. Grammar is included to improve spoken French. Readings from French literary works encourage discussion. Handouts are furnished.

304 Cribbage for Beginners
Wednesday 11:30 am–1:30 pm

Class Leader: **Ed Bobroff**

March 3, 10, 17, 24

Learn cribbage by playing.

Suggested supplies: If you have a cribbage board, bring it.

Limited to 8



305 Famous American Trials
Wednesday 11:30 am–1:30 pm

Class Leader: **Elaine Antonakes**

March 31; April 7, 14, 21, 28

Selected trials will be discussed which document the history, the fears, and the prejudices of our country from the late 19th century through the mid-20th century.

Subjects to be covered:

- The Trial of Susan B. Anthony–1873
- The Black Sox Scandal–1919
- The Trial of Sacco and Vanzetti–1920
- The Scopes Trial or “The Monkey Trial”–1925
- The Trial of Julius & Ethel Rosenberg–1951

306 Peacebuilders

Wednesday 11:30 am–1:30 pm

Class Leader: **Tom Gale**

April 28; May 5, 12, 19, 26

Who are the peacebuilders in history? They are usually overshadowed by powerbrokers, governments, the media, etc. We will look into the lives of people such as Eleanor Roosevelt, Ralph Bunche, Howard Zimm, Dorothy Day, Dan and Phil Berrigan and others who have used nonviolent struggle to change the world to be a better place than they found it.

Suggested books: Quarterly Magazine



307 The Wonderful World of Opera
Wednesday 2–4 pm

Class Leader: **Mary Nazzaro**

March 3, 10, 17, 24, 31; April 7

Three complete operas will be presented and explained in their entirety:

- Rigoletto* by Giuseppe Verdi
- Manon Lescaut* by Giacomo Puccini
- Otello* by Giuseppe Verdi

308 Exploring Collage
Wednesday 2–4 pm

Limited to 10

Class Leader: **Loraine McCloughan**

March 3, 10, 17, 24, 31; April 7

Collage Art is versatile but you have to develop its vocabulary. We will design using abstract application and have fun doing it.

Course format: Visual artists have a different vocabulary. You will learn the basics of line and shapes and we will design abstractly.

Required supplies: collage paper (decorative-not too many real objects depicted)/support for papers (poster board/illustration board/4 ply bristol board) scissor, pencils, glue stik.

Suggested books: *Collage Techniques*–Gerald Brommer
Creative Collage Techniques–Leland and Williams



309 Poetic Voices of New England - Part 2

Wednesday 2–4 pm

Class Leader: **Peter**

Wilfred Stine, PhD

March 3, 10, 17, 24, 31

We will look at New England poetry and its uses from the Puritans to the mid-20th

century. An anthology will be distributed to the class and includes among others: Longfellow, Whittier, Emerson, Lowell, and Holmes.



310 Memoir as Story Limited to 10

Wednesday 2–4 pm

Class Leader: **Pat Sylvia**

April 14, 21, 28; May 5, 12, 19, 26; June 2

A workshop for anyone who is already writing memoir or wants to begin the process. We will write together and read what we've written. The opportunity to learn how to give and receive constructive feedback will be included during the last two sessions.

Suggested supplies: Spiral or loose leaf notebooks and pen/pencil.

311 Shakespeare's Women, Part 2

Wednesday 2–4 pm

Class Leader: **Don Tritschler**

April 7, 14, 21, 28; May 5, 12, 19, 26

We will continue our study of Shakespeare's women. We began with the comedies in the fall, and we will read both those we did not have time for and others of interest. Then we will move on to the romances and the problem plays.

Course format: The course leader will provide some background for the plays, but mainly the members of the class will present their questions and insights.

Required reading for first class: *The Comedy of Errors*

312 Immigrants and Refugees

Wednesday 2–4 pm

Class Leader: **Robert McAndrews**

April 21, 28

A look at key historical turning points and contemporary issues, including law reform, the Department of Homeland Security, and deportation practices.

Suggested book: Daniel Kanstroom, *"Deportation Nation: Outsiders in American History."* Harvard University Press, 2007

THURSDAY

BOOK CLUB

Thursday 11:30 am–12:30 pm

Co-ordinator: **Joey Stricklen**

No sign up necessary. Book club meets once a month. Even if you have not read the month's selection, you may attend for your enjoyment.

The Book Club will not be counted as one of your five courses.

March 4 - *The Help* by Kathryn Stockett

"A tale of women's lives that has its antecedents in books like the *Divine Secrets of the Ya-Ya Sisterhood* or *The Joy Luck Club*. Full of plot twists and sly humor, *The Help* is what you might call an old-fashioned page turner." Leader: Kay Piemonte

April 1 - *Revere Beach Boulevard* by Roland Merullo

"Suffocating secrets prey upon family love and loyalty in this sympathetically drawn, though ultimately lumbering first volume of a projected Revere Beach Trilogy. Over the course of one week, Merullo (*Leaving Losapos*) focuses on the Imbesalacqua family and its life among the Italian-Americans of Boston's North End." Leader: Esther Bradbury

May 6 - *The Book Thief* by Markus Zusak

"This is a story told by Death. An interesting point of view perhaps, but as it is set in Germany during World War II, perhaps it is entirely appropriate. It is also a story of a young girl, who in spite of having a life that no one would wish on anyone, still manages to have glimpses of pleasure through many small things, including the few books that she manages to acquire (or shall we say, steal)." Leader: Sally Glickman

June 3 - *Olive Kitteridge* by Elizabeth Strout

What an exceptional novel! Elizabeth Strout binds together thirteen short stories with one character, Olive Kitteridge, who straddles each of them. And in the end, she learns (I paraphrase), "Lumpy, aged and wrinkled bodies were as needy as young, firm ones; love is not to be tossed away carelessly on a platter with others that got passed around again." Leader: Joey Stricklen

THURSDAY

401 "The Russians are Coming"

Thursday 9–11 am

Class Leader: **Bill Sano**

March 4, 11, 18, 25

A four-week review of the great 19th century Russian composers. Students should read any biographical material on Tchaikovsky for the first session. We'll move on with Rimsky-Korsakov, Shostakovich, Borodin, Rachmaninov, and more.

Required reading for first class: any bio on Tchaikovsky.

Come prepared!

402 Government—Yesterday, Today and Tomorrow

Thursday 9–11 am

Class Leader: **Robert H. Dawe**

March 4, 11, 18, 25

A former elected, appointed political activist—looks at our government from the 1600's to today.

Course format: An open discussion and opinions on the course of government.

Suggested book: History or Government

403 Mozart Part II

Thursday 9–11 am

Class Leader: **Julie Dodge**

April 15, 22, 29; May 6

This course covers highlights of Mozart's life and compositions from age 21 until his death at age 35. We will hear parts of operas, concertos, symphonies, his requiem and others.

Suggested books: Will be provided at first class.

Required supplies: A favorite recording of Mozart's music with an explanation of why it is a favorite.

404 Museum Exhibitions: How they Work and Why **Limited to 25**
Thursday 10 am–12 pm **Repeat Course**

Class Leader: **Merry Glosband**

March 18, 25; April 1, 8, 15

With Merry Glosband as your navigator, explore the ins and outs of creating a great museum exhibition. Interact with PEM's professional staff while learning about the many stages of exhibition production from development of concept and design to supporting program and publicity.

Classes will be held at Peabody Essex Museum

405 The History and Politics of Modern Food **Repeat course**
– Explaining the Food Crisis

Thursday 11:30 am–1:30 pm

Class Leader: **Roberta Kalechofsky**

March 4, 11, 18, 25

Food is our leading industry, surpassing health care and weapons. Yet few of us are aware of how endangered our food is. This is to enlighten concerning our most important industry and to encourage action.

Course format: Lecture and Discussion—Hopefully, we will be able to view the movie, *Food, Inc.*

Required books: *The Omnivore's Dilemma*—Michael Pollan

The Politics of Food—Marion Nestle

Chicken—Steve Striffler

Required reading for first class: *The Omnivore's Dilemma*—M. Pollan

406 Boston Architecture **Repeat course**

Thursday 11:30 am–1:30 pm

Class Leader: **Hannah Diozzi**

April 1, 8, 15, 22

A virtual walk through the streets of Boston, old and new. From the early colonial period to the elegant federal era, to the opulent Victorian years, right up to now and beyond, Boston's streetscape and skyline are ever evolving.

Suggested reading: "*Boston*"—*A Topographical History* by Walter Muir Whitehill (can be found on Noble Library Network)

407 Current Events

Thursday 11:30 am–1:30 pm

Class Leader: **Earl Garber**

April 1, 8, 15, 22, 29; May 6, 13, 20, 27; June 3

A lively discussion group meets weekly to discuss local, national and international issues. Everyone is encouraged to bring topics of interest for discussion by the group.

Required reading for all classes: Newspaper, news magazines, TV news and news talk.

408 Creative Writing

Limited to 10

Thursday 2–4 pm

Class Leader: **Mary Miceli**

March 4, 11, 18, 25 April 1, 8, 15, 22, 29; May 6, 13, 20, 27 June 3

A time and a chance to express oneself in any genre—with an open imagination. (This is not a memoir class)

Required books or supplies: A fertile imagination, notebook for creative writing in class.

Required reading for first class: Share any writing for first class—your writing only.

409 John Updike: Novels, Short Stories and Poems Limited to 15

Thursday 2–4 pm

Class Leader: **Sue Hand**

April 1, 8, 15, 22, 29; May 6, 13

In this course we will read and discuss two novels, several short stories (xeroxed) and several poems (also Xeroxed) by the prodigiously talented author, John Updike, whom we have lost so recently.

Course format: It will be a discussion class, 4 meetings on the 2 novels, 2 meetings on the short stories and one on the poems.

Required books: John Updike, *Rabbit, Run*, Fawcett Books, Random House, ISBN 0-449-91165-9. *Gertrude and Claudius*, Ballantine Books, Random House, ISBN 0-449-00697-2

Required reading: *Rabbit, Run* pp. 1-116

Suggested books or supplies: Updike, *Trust Me, Short Stories*, Fawcett Books, Random House, ISBN 978-0-449-91217-1

Pigeon Feathers and Other Stories, Fawcett, Random House, ISBN 0-449-91225-6

“FRIDAY COFFEE WITH...” SPRING 2010 SCHEDULE



**Selected Fridays 10 am – Noon
March, April, May
Open to all – No admission charge –
No registration**

March 19

The Peace Corps - America's Ambassadors to the World"

Carolyn L. Carpenter and Karen V. Potter

"Learn about one of America's best exports!" Since 1960, when then Senator John F. Kennedy challenged students at the University of Michigan to serve their country in the cause of peace by living and working in developing countries, more than 195,000 Peace Corps Volunteers have served in 139 countries all over the globe. They've been teachers and mentors to countless children. They've helped farmers grow crops, worked with small businesses to market products, and have shown women how to care for their babies. More recently, they've helped schools develop computer programs and educated entire communities about the threat of HIV/AIDS.

We will hear from returned Peace Corp Volunteers Carolyn Carpenter (Paraguay 1997-2000) and Karen Potter, (Benin 2000-2003) who will discuss their experiences in two different countries on two different continents.

Carolyn L. Carpenter is President of the Nancy B. Carpenter Children's Fund which provides educational grants to impoverished children. She also works for the Breast Cancer 3 Day walks benefiting the Susan G. Komen Breast Cancer Foundation.

Karen V. Potter is a Disability Claims Professional at UNUM Group in Worcester. She volunteers her time with the Peace Corps Regional Office, is an ESL Mentor/Tutor with Literacy Volunteers of Greater Worcester and is a Tutor Instructor, specializing in teaching English grammar.

March 26
Preparing for the Unexpected: American Red Cross
Nicholas Martin and Stephen Napoli

Disasters can strike quickly and without warning. "Preparing for the Unexpected" is an American Red Cross presentation that provides vital information to help people and their families prevent, prepare for and cope with emergencies. After this presentation, you will know how to create a communication network, assemble a disaster supplies kit and establish a meeting place for your family. We will also discuss a brief history of the organization, an overview of our services and volunteer opportunities.

Nicholas Martin grew up in Freeport, Maine, the home of L.L. Bean. He recently graduated from Syracuse University with a bachelor's degree in International Relations, concentrating in International Security and Diplomacy and the Middle East. His minor was in Communication and Rhetorical Studies. Nick has held Research Internships with the Center for the Study of the Presidency and Congress and the Center for Advanced Defense Studies. He is currently the new AmeriCorpsVISTA Community Outreach Coordinator in Disaster Services at the American Red Cross of Massachusetts Bay.

Stephen Napoli grew up in Barrington, Rhode Island and attended the Massachusetts Maritime Academy, graduating in 2008 with a BS degree in Emergency Management and Homeland Security. He interned at the Cape May County Office of Emergency Management in Cape May Courthouse, New Jersey, working on continuity planning operations plans and helped to create a database to track and credential personnel during incidents.

April 16
The Births, Lives, and Deaths of Stars, and Their Strange Afterlives
Hale Bradt

Stars (such as our sun) are large balls of hot gas powered by nuclear fuel. We will discuss how they come about, how they evolve with time and how they finally cease to shine. They can end their nuclear-burning (adult) lives quietly or in a spectacular supernova explosion.



Their final states are the exotic objects we know as white dwarfs, neutron stars and black holes

Hale Bradt is Professor of Physics Emeritus at MIT. In his 40 years as an active faculty member at MIT, he carried out research in x-ray astronomy from space vehicles. He shared the Rossi Prize of the American Astronomical Society for his contributions to the Rossi X-ray Timing Explorer (RXTE) which is still returning useful data after almost 14 years in orbit. Since retiring in 2001, he has authored two textbooks in Astronomy/Astrophysics.

April 23
Messages from the Past: Lessons in Remembrance
Karen Goodno

Through music, pictures, diaries and letters we will be introduced to the history of a World War I racked Europe. Our speaker will discuss how, and what, we remember. Do we remember what the participants would want us to? How do we remember and honor a war that most of us didn't experience? We will explore the roles of women, men and children from that era and try to put ourselves in their shoes, using their own words. What would they think of the "history" we have made of their lives?

Karen Goodno is an adjunct professor at Salem State College, and a National Park Ranger at Salem Maritime National Historic Site. She is in love with history, literature and gender studies. While completing Masters Degrees in both History and English Karen has made it a priority to travel through Europe as much as possible.

April 30
Before There Was a Mall
Barbara Doucette, Peabody Historical Society

Before there was a mall, there were many prior lives of this 100-acre parcel of land in Peabody near route 128. Come back in time with us to learn about the role of Samuel McIntire in the creation of Oak Hill Estate for Elizabeth and Nathaniel West from the fields of Elias Hasket Derby; the Rogers summer residence; the Congregation of St. Francis Xavier and the St. Joseph Juniorate; and finally as an outdoor shopping center in 1958. Who can remember "Kiddietown" and the

bowling alley? How do the Boston Museum of Fine Arts and the Smithsonian fit into all of this?

Barbara Doucette has lived in Peabody all her life and 60 years in the vicinity of the mall before it was built. She has been a volunteer member of the Peabody Historical Society & Museum for over 35 years and is currently the Historian. She also volunteers in the Sutton Room at the Peabody Institute Library.

May 21

Traces of the Trade: A Story From The Deep North

Dain and Constance Perry

Morse Auditorium, Peabody Essex Museum

Come on a journey made by Katrina Browne, the filmmaker, and nine of her cousins into the dark past of the slave trade which enriched their white New England family. Dain Perry, one of the nine cousins, and his wife, Constance, will screen the film and facilitate a conversation on race, reconciliation and healing. Dain and his wife, Constance, are experienced facilitators who will help audience members discuss the lessons of the film. The film has been shown on the PBS series: Point of View (POV), selected for viewing at The Sundance Film Festival, and in July, 2009 was nominated for an Emmy award.

Traces of the Trade is both a geographical and psychological retracing of the industry of the largest slave traders in American history: the DeWolf family of Bristol, Rhode Island, and an exploration into racism in America, a legacy of slavery that continues to negatively impact the country even today.

Because attendance is expected to exceed our classroom capacity, the Peabody Essex Museum has generously donated the use of its Morse Auditorium for this event. Doors will open at 9:30 am. The program will begin at 10 am and end by 12:30 pm.

Please note that no food, drink or water are allowed inside the Morse Auditorium. Those who wish to visit the museum after the talk are invited to do so after stopping at the admissions desk for the appropriate ticketing procedure.

Dain Perry and his wife, **Constance**, are experienced facilitators who will help audience members discuss the lessons of the film. They have conducted over 130 screenings and facilitated conversations across the country. One family member said the most surprising question was whether or not Constance Perry, who is African American, knew about Dain's family history before she married him. The answer: yes. Now she and her husband travel across the country as a team to screen the film and encourage group discussion of the legacy of slavery.

May 28

Public Health—Prevent, Promote, Protect

David Greenbaum, Acting Health Agent

and Tracy Giarla, Public Health Nurse,

Salem Board of Health



We will learn about the agency's vital responsibilities in protecting and promoting our health, providing oversight of sanitary and environmental codes and statutes, as well as local regulations and ordinances. Their many charges include providing access to health care, limiting youth access to tobacco products, providing vaccines to health care providers, operating clinics, conducting surveillance of contagious diseases, and planning for bio-terrorism hazards to name a few. Constantly challenged with responding to natural threats such as SARS, Avian Influenza Virus, and the H1N1 Virus, we depend on the Board of Health to "Prevent, Promote and Protect."

David Greenbaum is a graduate of Salem State College and has been in the field of public health for nine years. He started his public health career with the North Shore Tobacco Control Program before joining the staff of the Salem Board of Health in 2003 with primary responsibilities for food service inspections and housing inspections. In June of 2009 he was appointed to the position of Acting Health Agent.

Tracy Giarla is a graduate of Youville Hospital School of Practical Nursing in Cambridge, Massachusetts She has worked for the Salem Board of Health as the Public Health Nurse since 1998. Tracy follows up on disease surveillance and investigates clusters and outbreaks of food borne illness in the community, public health prevention methods including annual influenza and pneumonia clinics, blood pressure clinics and distribution of educational materials related to the importance of child immunization.

BULLETIN BOARD & CANCELLATIONS

Bulletin Board: There is a bulletin board at the Explorers Office at 10 Federal Street, Salem for all the schedule updates, coming events, special Salem State events and other pertinent information.

Cancellations: If Salem State College cancels classes, Explorers classes will also be cancelled. If Salem State classes are delayed, Explorers classes will be cancelled.

Tune in to the following for updates: Radio AM; WRKO 680, WHDH 850, WBZ 1030; Radio FM: WBUR 90.9, WMWM 91.7; TV: Channels 4,5,7, and 56.

Handicapped Information: Our quarters at 10 Federal Street are handicapped accessible. Please use the side entrance near the parking lot.

Explorers Center Office Hours: Monday -Thursday, 8:30 am-4 pm

Telephone: 978.744.0804 **Email:** explorers@verizon.net

Web site: salemstate.edu/explorers

(Complete catalogue on line) explorerslli.org

BUILDING EVACUATION PROCEDURES

When the directive comes for the building to be evacuated, you should stop whatever you are doing and head for the hall door as quickly as possible.

Because you need to be able to hear directions as you exit, there must be no talking.

Proceed directly to the hall. Do not stop for coats or personal belongings unless someone from the office or a board member tells you to do so.

When you enter the hall, turn right and exit to St. Peter Street, As you exit, you will be given directions where to gather outside the building.

Stay with your classmates and your teacher. In a real emergency, it will be necessary to take attendance once everyone is presumed to be out of the building.

Do not re-enter the building until everyone is given permission to do so.

If you are handicapped and unable to negotiate the steps to St. Peter Street, at the start of each course, it is your responsibility to arrange with someone in your class to be your evacuation buddy. This should not be the course leader, class assistant, or a member of the Explorers Board. These people will have other responsibilities during an evacuation. You and your buddy must make yourselves aware of how to exit the building in case of a required evacuation. Once you are out of the building, it is important that you rejoin your classmates and course leader.



CURRICULUM COMMITTEE

Shifra Boudreau
Dana Denault
William Flanagan
Joan Fox
Frank Hawke
Rosemary Huang
Jeanne Louizos, Chair
Carolee McDonald
Leona O'Connor
Anthony Porcello
Catherine Piemonte
Catherine (Tina) Scoulogenis
Irene Shohet
Gerald Silver
Mary Wainwright
Donald Zaik
Connie Neilson,
Salem State College

Please complete this form if you have not done so previously or if you wish to make changes or additions.
PLEASE PRINT

YOUR NAME: _____

Dear Member: We Explorers are a diverse group with a multitude of experiences and interests. Our catalogue states that, "Members and presenters join in active peer learning to share their knowledge and experience by creating, coordinating and participating in courses on a voluntary basis." Further, it says, "Our greatest resource is the exuberant wisdom of our membership."

In order to better serve you and the entire organization, we'd like to know more about you, as follows:

Work Experience _____

Volunteer Experience _____

Interests/Hobbies _____

I would like to see a course on _____

I would be willing to coordinate or to lead a course Yes ____

I would be willing to do a one-time presentation Yes ____

I would like to be a class assistant (please circle: refreshments or equipment) Yes ____

I would like to be on a Standing Committee (a wonderful way to get to know other members and to make a contribution to Explorers) Yes ____

Communications – Internal newsletter, publicity Yes ____

Curriculum – Development of courses, recruitment/training of leaders Yes ____

Development – Fundraising, grants, bequests Yes ____

Facilities – Physical plant improvements, room assignments Yes ____

Membership – Recruitment/orientation of new members Yes ____

Special Events – Special events, coffees, refreshments, parties Yes ____

Volunteers – Recruitment, training, supervision of members for class assistants, office work, etc. Yes ____

Thank you for completing this form!

The Membership Committee

SPRING 2010 Explorers Membership/Registration Form

Please Print Plainly

Name _____ Last _____ First _____ M.I. _____
Address _____ # Street _____ City & State _____ ZIP _____
Home Phone () _____ Other Phone () _____
Email Address _____ Nickname (for name tag) _____
Emergency Contact _____ Phone () _____ Relationship _____
Alternate Emergency Contact _____ Phone () _____ Relationship _____

Procedure for Registration

Courses will be assigned on a space available basis. Applicants not admitted will be placed on a waiting list. Members may not attend classes without prior registration.

COURSE SELECTIONS: LIST THE COURSES IN ORDER OF PREFERENCE.

You may enroll in up to five courses per semester, exclusive of Book Club and Friday Coffees.

SPRING SEMESTER 2010

Course Number Course Title

1.	<input type="text"/>	<input type="text"/>	_____
2.	<input type="text"/>	<input type="text"/>	_____
3.	<input type="text"/>	<input type="text"/>	_____
4.	<input type="text"/>	<input type="text"/>	_____
5.	<input type="text"/>	<input type="text"/>	_____

BOOK CLUB

SPECIAL OFFER – JOIN NOW

\$100 SPECIAL MEMBERSHIP FEE

Limited to applicants who have not been members of Explorers for the past three years.

MARCH – AUGUST 2010

If is **IMPERATIVE** that all Registration Forms are received in our office by Thursday, January 28, 2010 in order to be included in the lottery selection process. Registrations are accepted throughout the year, subject to course availability.

PLEASE NOTE:

- Existing Members: No money due
- New Members: Please remit as follows:

- Single membership	\$100	\$ _____
- Spousal membership	\$200	\$ _____
- Registration fee per person	\$ 25	\$ _____
* course materials fee (when indicated)	\$ _____	\$ _____
TOTAL:	\$	_____

Please send membership fee with registration.

Make check payable to: Explorers LLI

Send completed form and check to: Explorers LLI
10 Federal Street, Salem, Massachusetts 01970

For office use only: Received by: _____ Date: _____ Amount Received: \$ _____
Entered in Computer: Initials: _____ Date: _____ Cash: _____ Check: _____

Please complete the form on reverse side.